

SOUTH AFRICA

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WIN
A TRIP TO THE
SEYCHELLES
WORTH
R62 000

MUST-READ
THE F-WORD

SEXY SUMMER

FEEL THE HEAT
PIECES YOU
NEED

SEE IT, SHOP IT
AND LOVE IT!

OUR FASHION
ADVENTURE

60
SWIMWEAR
STYLES

GET YOUR
BODY
BEACH
READY

DECISION
FATIGUE?
GIVE YOUR
BRAIN
A BREAK

THE GREAT
ESCAPE

TRAVEL SPECIAL

HOW TO HOLIDAY SOLO
FALLING IN LOVE WITH LA



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Summertime in the City of Angels, with only four days to figure out what it's all about. Nicole Newman gives us (her version of) the LA lowdown

I've always believed I would make the perfect Californian girl. Whether it was my childhood dream of becoming an actress and living below the Hollywood sign, or my love of year-round good weather, romantic scenes with shaggy-haired surfers below the Santa Monica Pier, or the *Clueless*-esque picture of exploring Beverly Hills Drive, shopping bags in tow – I have always felt the LA calling.

LA might be famous for Rodeo Drive, Madison Avenue, the Hollywood mark and tourist attractions like Universal Studios and Avenue of the Stars, but the Californian city I soon uncovered, with the help of Uber and Google Maps, was different. From shopping and sleeping to eating (all the Mexican dishes I could find) and drinking (in some of the coolest bars around), this is my love affair with LA...

The Great ESCAPE

STAY HERE

From casual-cool lodges to high-end hotels, these are the places to stay at when in L.A.

THE GARLAND

The home-away-from-home hotel: as you arrive you feel as though you've been there before (and never want to leave again). Situated amongst tall trees, in the leafy suburb of the San Ferdinando Valley, in North Hollywood, The Garland is more than simple accommodation; it's a community. This newly renovated urban retreat was built in 1972 by Fillmore Crank for his wife (and actress), Beverly Garland, and remains family-owned, which is what keeps it a step above the rest. The bohemian décor carries through from the private suites to the swimming pool; the revamped bar and restaurant, The Front Yard, is right on your doorstep. thegarland.com



The Garland

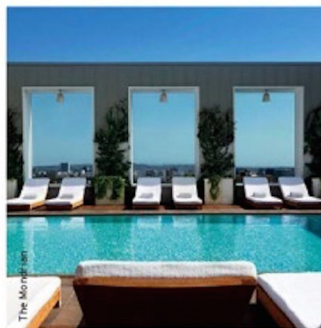


The Hollywood Roosevelt

offering views of the city centre and Hollywood Hills. Focus feature? The Spare Room prohibition era-style cocktail lounge with its two-lane vintage bowling alley – a must-see moment behind unassuming double doors on the mezzanine level of the hotel. thehollywoodroosevelt.com

THE ACE HOTEL

Built in the beginning of 2014, The Ace Hotel marked the beginning of the renaissance of the Downtown LA district. Housed by the historic United Arts building (established in 1927 for the Maverick film studio), this ultra-cool hotel remains a favourite on the scene with DJs playing, live bands performing, pop-up shops and creative collaborations taking place in bunker-like bar on the outside. The delicately restored, three-storey Theatre at The Ace Hotel is perfect for film watching. A series of contrasts between modernity and nostalgia, it also includes a rooftop pool that offers freshly squeezed cocktails and pop-up yoga classes. acehotel.com/losangeles



The Mondrian

THE MONDRIAN

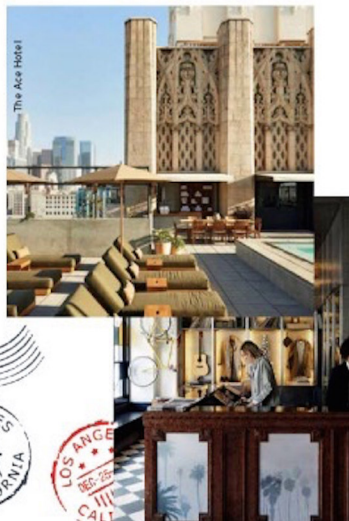
If you're walking down Sunset Boulevard at night you cannot miss this luxury boutique hotel situated on Hollywood's hottest street. Thanks to its Skybar, The Mondrian is the go-to place for evening drinks that lead on to a good (and often long) night out. With views of the city from the pool deck, to exclusive dining (think seared scallops and ceviche) at in-house restaurant Herringbone, and within walking distance from shopping paradise on the strip, it's one of the hottest locales around. morganshotelgroup.com/mondrian



The Hollywood Roosevelt

THE HOLLYWOOD ROOSEVELT HOTEL

As the host of the first Academy Awards in 1929, The Hollywood Roosevelt is an institution, serving as the original hang-out spot of screen icons Marilyn Monroe, Charlie Chaplin and Clark Gable. Originally conceived in Spanish Colonial style, the hotel still boasts poolside cabanas and suites, topped off with the Gable and Lombard Penthouse



The Ace Hotel



SHOP LIKE A LOCAL

Big brands or bespoke boutiques, don't miss these shopping spots

3RD STREET PROMENADE

Just off the Santa Monica boardwalk with bars, buskers and cute (shirtless) boys, to add to the experience, this street-style shopping is a must. Don't miss Anthropologie, Paparyus and an Urban Outfitters so big you might not find your way out.

ABBOTT KINNEY BOULEVARD

Your one-stop-shop for one-of-a-kind buys, this Venice-based boulevard is laden with bespoke beauty shops, such as organic skincare specialist Alexandra Wagner, boutique buys at Heist, and local vintage-inspired jewellery from Kamofie and Company.

THE GROVE

A beautiful and cleverly constructed outdoor shopping centre connected to a farmer's market, The Grove is a wonderful space in which to spend your morning, wandering from shop to shop. Here you'll find everything you need from Nordstrom to an interactive iStore.

BEVERLY HILLS DRIVE

As soon as you see the famous Beverly Hills Drive sign, with its signature palm trees and super-slick black SUVs, you know you've arrived at the heart of the city. The shops here include international brands such as Club Monaco, Maje, Sephora and COS.

N. ROBERTSON BOULEVARD

If you're looking for the perfect blend of high-street-meets-local-luxe, this is your spot. On the corner of Madison Avenue, take your time and enjoy the oversized (and perfectly styled) store windows. Be sure to check out BNKR for once off buys from Down Under.



QUICK TRIP TIPS

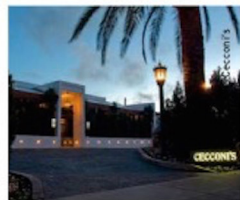
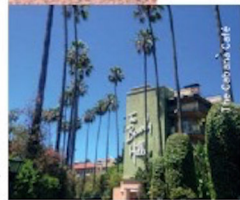
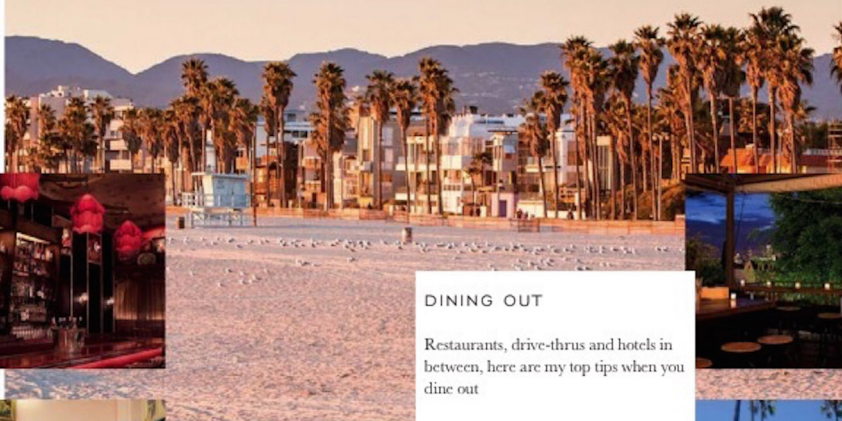
- 1 Don't rely on public transport, as it's not so common, instead download the Uber app before your trip. The city is big, and it's the best (and easiest) way to get around.
- 2 Book for your favourite restaurant online on OpenTable.com before you go to avoid disappointment. It's a popular city and you don't want to miss out.
- 3 Los Angeles is notorious for its traffic so plan your days properly by grouping your activities by area.
- 4 Buy a portable smartphone charger before you go. With the long days spent away from your hotel, don't miss out on capturing your travels because your phone battery died.

DON'T LEAVE WITHOUT...

1. Going to the Griffith Observatory and seeing the LA lights at night. 2. Going on a hike, or bike ride in Runyon Canyon. And you can't miss Cycle House class (a local LA craze that we can't wait to have in Cape Town). 3. Having tortilla chips, guacamole and salsa - you'll find them almost everywhere you go and they'll be the best you've ever tasted. 4. Hiring a bike at the Santa Monica Pier and following the track to Venice Beach. There you'll witness scenery reminiscent of Katy Perry's *California Gurls* video.



The Great
ESCAPE



DINING OUT

Restaurants, drive-thrus and hotels in between, here are my top tips when you dine out

THE EVELEIGH

Sit outside in the courtyard and enjoy the witty banter from the barmen.

THE CABANA CAFÉ AT THE BEVERLY HILLS HOTEL

Try the hotel's very own sparkling wine, Bouvet Brut, and the McCarthy salad (a favourite of celebrity guests).

CECCONI'S

Order the hand-made pasta, and a drink at the bar – dress to impress and look out for celebs!

GRACIAS MADRE

Best. Mexican. Food. Ever. And did I mention that it's vegan? Try the homemade Agua Frescas.

BAR HOPPING

Dotted throughout the city, here's where Angelenos grab a drink (or few) summed up in just a few words...

BAR MARMONT

Intimate, Old-Hollywood Glamour.

THE IVY AT THE SHORE

Preppy, pretty and super popular.

PUMP

Festive, fun and foot-loose friendly.

THE BUNGALOW

Low-key luxury combined with good company.



TRAVEL SIZE BEAUTY C/O DERMALOGICA

From left to right: Pre cleanse, R 160; Skin Resurfacing Cleanser, R170; Multi Active Toner, R170; Body Hydrating Cream, R170 Conditioning Body Wash, R170

